



Calendar grid with columns for MONDAY through SATURDAY and rows for dates 2-7, 9-14, 16-21, 23-28, and 30-31. Each cell contains class details such as Yoga, Zumba, Dance Fit 101, and various health services. Includes special notices like 'CENTER CLOSED' and 'CÉSAR CHÁVEZ DAY'.

Class space is limited (first come, first served). Classes are subject to change, rescheduling or cancellation without notice. Child supervision is provided while you attend a class (Ages4+). Must wear appropriate shoes for fitness classes.

BE ACTIVE, HEALTHY & INFORMED

5710 Crenshaw Blvd. Los Angeles CA, 90043



CENTER HOURS: Monday - Friday: 9 a.m. - 5 p.m. Saturday & Sunday: CLOSED



213-428-1410 SoLACRC@lacare.org CommunityResourceCenterLA.org



Calendar grid with columns for LUNES, MARTES, MIÉRCOLES, JUEVES, VIERNES, and SÁBADO. Each cell contains class details such as 'Yoga', 'Zumba', 'Clase de Baile', and 'Clase de Lectura' with specific times and registration information.

Espacio de las clases es limitado (Se le sirve en orden de llegada). Las clases están sujetas a cambio, reprogramación o cancelación sin previo aviso. Supervisión de niños está disponible durante las clases. (Edades 4+). Debe usar zapatos apropiados para las clases de ejercicios.

SEA ACTIVO, SALUDABLE E INFORMADO

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HORARIO
Lunes a Viernes: 9 a.m. - 5 p.m.
Sábado y Domingo: CERRADO

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